## Let's choose to reduce single-use items

## Say "no thanks"

Only accept single-use items like utensils, napkins, condiments and straws if you need them, whether in store or online.



## **Bring your own**

Use reusable bags and travel mugs.



## Plan ahead

Bring your own bags, cups and containers to pick up takeout, and ask restaurants if they have reusable containers that you can borrow or rent.



Bring food storage containers when dining out in case you have leftovers, and ask for a reusable cup or dish when dining in.

